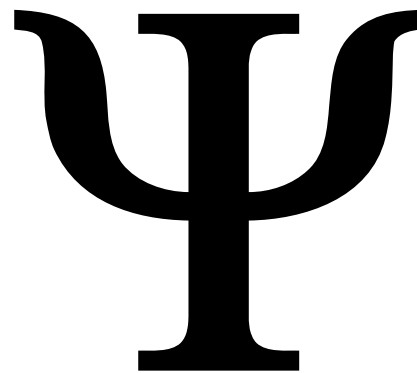


TEWKSBURY HOSPITAL
Departments of Public and Mental Health
PSYCHOLOGY SERVICES



**PRE-DOCTORAL INTERNSHIP IN
CLINICAL PSYCHOLOGY**

(Located in the Thomas J. Saunders Building)

Ψ ACCREDITED BY THE AMERICAN PSYCHOLOGICAL ASSOCIATION

**TEWKSBURY HOSPITAL
DPH MEDICAL UNITS AND HATHORNE MENTAL HEALTH UNITS
PREDOCTORAL INTERNSHIP IN CLINICAL PSYCHOLOGY**

The Psychology Services of the Departments of Psychology for qualified predoctoral students. **ΨThe Internship is accredited by the American Psychological Association. There are two positions for full-time Interns for one year. One full-time position will be equally split between DPH and DMH units and the other intern position is allocated full-time to the Public Health medical units.** The Internship is open to doctoral students who have substantially completed their doctoral course work within a Clinical Psychology program at a regionally-accredited professional school or educational institution, and for whom an internship is required to fulfill requirements for a doctoral degree. Successful applicants must also have sufficient clinical practicum experience, and must provide a verification of internship eligibility and readiness from their graduate program director. Psychology Services consists of staff psychologists, which provide internship training. In addition, other available training resources at Tewksbury Hospital include licensed professionals in other health disciplines. All instructors and supervisors are well qualified in their areas of expertise.

Tewksbury Hospital is a large multi-service inpatient facility operated by the Massachusetts Department of Public Health (DPH), with a 339-bed public health hospital for chronic medical diseases and neurological conditions. The adjoining Hathorne Mental Health Units, operated by the Department of Mental Health (DMH), is a 116-bed inpatient psychiatric hospital (with four locked units) for intermediate and long term care and treatment of seriously and persistently mentally ill males and females. Both of these facilities are physically located in the Thomas J. Saunders Building. The 800+ acre campus includes a wide spectrum of health care programs including a homeless shelter with a substance abuse program for males, a substance abuse program for females, and a separate locked unit for seriously mentally ill adolescent males.

On the the seven medical units of Tewksbury Hospital clinical training activities are provided on the inpatient units. Psychology Services provides a wide array of interventions for patients experiencing psychological distress and/or disorders in combination with traumatic brain injury, stroke, seizure disorders, Huntington's disease, multiple sclerosis, cerebral palsy, dementia, and other chronic neurological and physical diseases. In addition to opportunities to conduct clinical research, the number and variety of clinical and training experiences within Psychology Services offers Interns the opportunity to acquire familiarity and expertise in the application of essential clinical skills in on-unit programs. Patient support services include a pharmacy, occupational therapy, physical therapy, recreational therapy, expressive therapy, medical laboratory, radiology, podiatry, and dentistry. The clinical facilities at Tewksbury Hospital for the four Hathorne Mental Health Units include a Psychosocial Rehabilitation Center with a wide array of day programs.

In addition to Psychology training, all of Tewksbury Hospital's units provide a setting for multidisciplinary collaboration with psychiatrists, social workers, nurses, rehabilitation counselors, occupational therapists, and other professional disciplines. Integral to the training experience are the many opportunities Interns have for interchange and training with staff and students of other disciplines, on both the DPH and DMH service units.

Stipend: One year, Full Time: \$16,000.

Please direct questions about availability of stipends to the Director of Psychology Training. Stipends are paid out in weekly increments during the training year, until the stipend amount is reached. It does not include benefits such as vacation, sick or holiday pay, or health insurance.

Because the stipend is funded by the Commonwealth of Massachusetts, all stipend offers and continued funding are contingent upon appropriation, budgetary constraints, and operating needs.

PROGRAM PHILOSOPHY, MODEL AND GOALS OF PROFESSIONAL TRAINING

The primary educational philosophy for the Internship in Psychology of the Department Public and Mental Health, Tewksbury Hospital Psychology Services is a practitioner-scholar model. The philosophy of the Tewksbury Hospital Internship program is to provide comprehensive training to become professional psychologists who are able to function effectively as clinicians, researchers, consultants, and multidisciplinary team members. The primary emphasis of this Internship is the application of psychological concepts, current scientific knowledge, principles and theories to the professional delivery of psychological services. The program also aims to strengthen the Intern's overall knowledge base and skills in theoretical conceptualization and clinical practice, and to provide specialized training for the application of these by a professional Psychologist working with seriously medically, neurologically, and persistently mentally ill persons in an inpatient facility. Interns are guided in their understanding of their professional and civic responsibilities, as defined by statutes and ethical codes of the profession.

An additional goal is to facilitate the Intern's transition to becoming a professional Psychologist by providing clinical experiences, training, and supervision which will foster the development of skills necessary for the stabilization and return to adaptive functioning of patients in this population. Interns deepen their appreciation of the variability and range of human capabilities through a variety of activities, including provision of supervised diagnostic assessments and a range of psychotherapy.

Interns also develop an understanding of the nature of public sector health care, including the larger systems issues of funding, integration of services, continuity of care, and organizational communications and change. Throughout, Interns are challenged to develop and exercise balanced judgment, poise, emotional maturity, interfacing and negotiation skills, as well as appropriate professional presentation and demeanor. To achieve this philosophy the following goals are emphasized:

1. To facilitate the Intern's transition to becoming a professional psychologist by providing training and supervision in theory, practice, and research, utilizing the full range of skills available to the Clinical Psychologist.
2. To provide instruction to the Intern in the social and professional responsibilities of a practitioner, including applicable legal requirements, ethical codes, and risk management approaches for contemporary practice.
3. To provide clinical experiences, which will foster the development of assessment and treatment skills necessary for the stabilization and return to adaptive functioning of a severely medically and mentally ill inpatient population. Interns deepen their appreciation of the variability and range of human capabilities through a variety of activities, including

provision of supervised diagnostic assessments, provision of a range of psychotherapies, and through participation in multidisciplinary treatment teams.

4. To promote awareness of multicultural issues and to integrate a variety of theoretical perspectives and approaches in the care and treatment of diverse patient populations.

There is a Core Training Curriculum for all Interns. Additionally, Psychology Services actively strives, through seminars, supervision, and opportunities to pursue special interests, to foster for each Intern an individualized development of an integrated identity as a Clinical Psychologist. Interns are encouraged to consider and practice in a variety of theoretical perspectives within psychology. By exposing Interns to multiple professional roles and theoretical perspectives, it is a major goal of Psychology Services to assist Interns in becoming flexible in the application of clinical skills to the solution of psychological problems.

DESCRIPTION OF THE INTERNSHIP PROGRAM

The overall goal of the program is to provide Interns with intensive inpatient training and experience in psychological and neuropsychological assessment, diagnosis, and treatment of adults with severe and persistent medical and mental illness, utilizing theoretical frameworks from psychodynamic, cognitive-behavioral, behavioral, systemic, existential, and psychosocial and cognitive rehabilitation perspectives.

One intern will have their primary placement on the Department of Public Health medical units. The other internship position is allocated half-time to the DPH medical inpatient units and the other half of their time to the DMH Hathorne Mental Health Units. Each intern will be assigned to two multidisciplinary Treatment Teams. In addition to treatment, the Intern provides psychological and neuropsychological assessment and consultation to his/her Treatment Team. Clinical responsibilities include screening evaluations, psychological and neuropsychological assessments, formulations, and providing individual and group psychotherapy.

Internships can be tailored to address the specific needs and interests of each Intern. For example, persons who desire additional assessment experience or training in specific techniques, such as neuropsychological rehabilitation, can generally be accommodated. Likewise, opportunities are available to attend a variety of optional didactic and case presentations, both at Tewksbury Hospital and at other facilities in the Boston area.

A Brief History of the Joint Clinical and Health Psychology Internship

The Internship at Tewksbury Hospital has been accredited for twelve years and was funded by the Department of Mental Health (DMH). Internship training was predominately located on the Hathorne Mental Health Units. Beginning July 1, 1999, the Internship Program received additional funding from the Massachusetts Department of Public Health (DPH), to fund an additional 20 hours per week of one Psychology Intern's time, to be allocated to the Tewksbury Hospital's medical units. This additional funding, allowed a half-time Internship position to be increased to a full-time position. This full-time position was divided between the medical units and the Hathorne Mental Health Units. Reflecting the dual funding sources, this Intern carried an individual therapy caseload made up of patients from the DMH and DPH units of the hospital, offered group psychotherapy in both locations, and performed psychological and neuropsychological testing assignments in equal parts from the DMH and DPH units. The split DMH/DPH position expanded the range of psychological services available to the patients of the

Department of Public Health and increased the depth and scope of Health Psychology allocated one full-time training for Interns who selected this option. For the 2008-2009 year, the internship consists of one full-time and one half-time intern allocated to the DPH medical units, while the Hathorne Mental Health Units have one half-time intern and two full-time interns. However, due to a reduction in the state budget, there will no longer be two full-time Hathorne Mental Health Units internship positions in 2009-2010. In summary, in 2009-2010 Tewksbury Hospital will be offering two internship positions; one full-time internship position will be allocated to the DPH medical units and one split internship position with the intern's time divided evenly between the DPH medical units and the Hathorne Mental Health Units. In addition, the administration of the Internship program has been transferred from the Hathorne Mental Health Units to the Department of Public Health Psychology Services. The other essential elements of the program remain the same.

CORE CLINICAL SITES

Tewksbury Hospital has two departments, the Department of Public Health (DPH) and the Department of Mental Health (DMH) operated by two different agencies. Tewksbury Hospital has a long history of serving patients. It has undergone several name changes over the course of its existence. The hospital was established in 1852, and opened on May 1, 1854, as one of three state almshouses needed to help care for the unprecedented influx of immigrants and patients with tuberculosis. It also served patients with other infectious diseases as well as mentally, acutely, and chronically ill patients. In 1874 the institution was divided into three classifications: Mental Wards, Hospital, and Almshouse. During this period services were also offered for persons who were alcoholics and for their rehabilitation. In 1887 an internship program for Harvard Medical School was approved. In 1894 the educational aspect of the hospital was also expanded in the area of nursing.

In 1900 the name of the institution was changed from the Tewksbury Almshouse to Tewksbury State Hospital. Additional wards were created for medical and surgical services. At this time, patients suffering from a small pox epidemic and typhoid fever were also treated by the hospital. In 1909 the hospital name was changed from Tewksbury State Hospital to the Massachusetts State Infirmary. In 1938 the name was changed to Tewksbury State Hospital and Infirmary. In 1959 the administration was transferred from the Department of Public Welfare to the Department of Public Health and again the name was changed to the present day name of Tewksbury Hospital. Two new wings with several hundred new beds were added to the hospital in 1973. In 1976 this building was designated the Thomas J. Saunders building in honor of the eponymous hospital administrator. This is where patients from the Department of Public Health and the Department of Mental Health currently receive their services. Psychological services are provided to both departments of the hospital.

The Department of Public Health medical units of Tewksbury Hospital serves patients with a varied and complex array of medical illnesses. Units vary in terms of the physical health and medical diagnoses of the patient populations they serve. The traumatic brain injury unit called the Neurological Rehabilitation Unit, is a new service that has recently opened at the hospital. The patients are admitted here for long term rehabilitation. On this unit they are offered a collaborative, patient centered, multi-disciplinary team approach designed to care for and help patients and their families achieve realistic and attainable goals. A biopsychosocial model for care of these patients is utilized. Other medical units at Tewksbury Hospital serve patients with various other medical conditions including Huntington's disease, multiple sclerosis, alcohol and drug addiction, HIV/AIDS, diabetes, stroke, dementia, cardiac disorders, and other chronic

diseases. The hospital serves adult patients from age 19 through old age. Many of the patients are wheelchair bound.

The Department of Mental Health units are called the Hathorne Mental Health Units and are the psychiatric component of Tewksbury Hospital. These units opened on June 22, 1992, and serve the North Shore and Merrimack Valley Areas of the Massachusetts Department of Mental Health. The Hathorne Units admit male and female patients age 19 and over who are referred either: a) after short acute hospitalization (generally up to 30 days) at community-based private hospital admissions units; or b) upon order of the Courts for forensic evaluation. The patient population is quite varied, although certain types of patients tend to predominate: patients with complex medical/psychiatric illnesses, patients posing difficult differential diagnostic questions (such as depression vs. dementia), patients with chronic treatment-resistant mental illnesses who require periodic acute and intermediate psychiatric care, and so forth. Common diagnoses include schizophrenia, schizoaffective disorder, bipolar disorder, major depression, character disorder, severe alcohol or drug abuse or dependency, and organic impairments. Patients who are initially admitted pursuant to a civil commitment must meet the criteria of substantial likelihood of imminent serious harm to self or others by reason of mental illness, or inability to care for self by reason of mental illness. Patients sent by the courts are admitted for the purpose of evaluation of competency to stand trial, criminal responsibility, aid to sentencing, or observation and examination.

The socioeconomic and cultural composition of the patients on the medical and Hathorne Mental Health Units is diverse. This reflects the fact that the region surrounding the hospital spans old industrial centers, seaports, and suburban communities, with immigrant population centers of Spanish, Portuguese, Cambodian, Vietnamese, Polish, Italian, German, and Irish descent, as well as Jewish and African-American enclaves.

The interns play a critical role in providing psychological services to this patient population. Patients on the medical units are served by a multidisciplinary Treatment Team, including a psychiatrist, psychologist, social worker, nurse, and rehabilitation staff. The medical units' Treatment Teams meet in weekly Mental Health Rounds (MHR) to formulate diagnoses, to develop treatment plans, and monitor patient progress. Weekly Treatment Team Meetings occur on the Hathorne Mental Health Units and are comprised of a similar professional mix. Great care is given to the establishment of a proper diagnosis for each patient. Interns on both DPH and DMH units act as consultants to the Treatment Teams, by providing assessment information, diagnostic formulations, and suggested treatment interventions. In addition to on-unit treatment, which includes individual and group therapy, DPH patients may be referred to occupational therapy, physical therapy, expressive therapy, recreational therapy, and pastoral counseling. DMH patients may be referred to an off-unit Social Club, recreational facilities, or to the on-campus Rehabilitation Center, which houses day programs, vocational and prevocational services, music and art therapy, recreational therapy, occupational therapy, and pastoral counseling.

CORE TRAINING

All Interns participate in a Core Curriculum which is comprised of both clinical and didactic experiences. The full-year program in psychotherapy and assessment is designed to achieve the following specific training objectives:

- to become adept at diagnostic evaluation
- to develop a full repertoire of psychodiagnostic assessment capabilities, including the selection of appropriate tests and batteries; the administration, scoring, and interpretation of a wide range of tests; and the formulation of treatment recommendations for use by multidisciplinary users and referral sources
- to enhance and hone therapeutic skills by providing individual and group therapy across a range of diagnostic categories and patient issues
- to understand and become comfortable with professional dynamics and roles within a multidisciplinary treatment team.

The Internship addresses these objectives by providing the following education and training experiences:

Psychotherapy

Comprehensive psychotherapy training is a major component of the curriculum. Interns provide extensive individual and group therapy on both the medical and Hathorne Mental Health Units during their year of training. Individual therapy cases range from brief (6-12 week) interventions for short-term or intermediate-term patients, to therapeutic relationships which may extend for the entire Internship year. A full-time case load generally consists of eight to ten individual therapy clients and two on-unit groups. Each Intern has two clinical supervisors for psychotherapy, to ensure that the Intern is exposed to a diversity of therapeutic orientations. In addition, the Intern receives informal feedback and guidance from the other members of the multidisciplinary treatment team.

A related area of emphasis in the Internship program includes psychodiagnostic interviewing and clinical consultation. Each Intern is assigned to two treatment teams. The intern also provides consultative input on diagnosis, treatment plans, goals, privilege status, assessment needs, etc. at the weekly DPH Mental Health Rounds and the DMH Treatment Team meetings. Training and supervision in these skill areas are provided to all Interns.

Assessment

The other core activity of Interns is gaining advanced and intensive training in psychological and neuropsychological assessment. Over 100 testing instruments, including computerized scoring software, are available. From the start of the year, Interns perform psychological and neuropsychological assessments. Accordingly, a prerequisite for admission to the internship program is formal training in the administration, scoring and interpretation of the Wechsler Adult Intelligence III or IV, Wechsler Memory Scale, California Verbal Learning Test II, Delis-Kaplan Executive Function System, Rey-Osterrieth Complex Figure, the MMPI-II, and other commonly used cognitive and personality tests of a full diagnostic battery.

All Interns have the opportunity to provide full psychological and neuropsychological assessments for patients. As such, the Intern will play a critical role in educating the multidisciplinary staff about the usefulness of psychological and neuropsychological assessment in the evaluation and treatment of patients. In this capacity, the half-time Intern of the Hathorne Units will have interaction with the various multidisciplinary teams on the four Hathorne Mental Health Units. The half-time intern and the one full-time intern for the medical units will be interacting with all of the medical units. Interns generally perform a minimum of two psychological and/or neuropsychological evaluations per month, depending on the needs and

requests of the treatment teams. Intensive supervision of these assessment activities is provided by the psychology staff.

Didactic Component

Interns are required to attend a number of core seminars and supervision sessions, as described below.

CORE CURRICULUM

INDIVIDUAL SUPERVISION (2 hours weekly; time TBA)

Interns receive intensive supervision for all of their clinical work, at a ratio that exceeds a rate of 1 hour of supervision per 16 hours of clinical service. Supervisory staff includes all senior staff members of the Psychology Services. Supervisors are all licensed and highly experienced in the areas in which they provide supervision.

GROUP SUPERVISION (1 hour weekly; time TBA)

This meeting is devoted to supervision of assessment cases in a group format. Interns learn how Psychologists practice in medical and non-medical settings. The supervision group will also provide an opportunity for Interns to develop cohesion and to learn from each other by discussing and examining individual as well as common experiences in the training program. Various readings and other materials will be distributed throughout the year regarding relevant theoretical models of psychotherapy.

NEUROPSYCHOLOGY GROUP SUPERVISION (2 hours weekly; Tuesday 11:00-1:00)

Case presentations and supervision.

NEUROPSYCHOLOGY SEMINAR (Alternating Tuesdays 1:00-2:30)

Overview of essential topics and test instruments in neuropsychology.

PROFESSIONAL DEVELOPMENT SEMINAR (Tuesday 9:00-10:00)

This didactic seminar serves several functions. It provides a format for the presentation and discussion of numerous professional issues such as ethics, confidentiality laws, and transition to practice, as well as the presentation of speakers from within the hospital and the greater Boston area who are involved in psychological practice and research.

PSYCHOLOGY PREDOCTORAL INTERN SCHEDULE (Based on 40 hour week)

Descriptor	Time Allocation
Individual Psychotherapy	10.0
Group Psychotherapy	2.0
Psychological and Neuropsychological	

Testing Administration - 6 hours Write-Up - 4 hours	10.0
Supervision Individual Group Neuropsychology Group Supervision	2.0 1.0 2.0
Training Professional Development Seminar Neuropsychology Seminar	1.0 2.0
Treatment Team Meetings	4.0
Optional conferences, mental health rounds/team meetings, seminars, and other paperwork	6.0
	40.0 hours

OPTIONAL CONFERENCES AND SEMINARS

Listed below are some of the on-site optional conferences and seminars which are usually offered during the academic year and which are open to all Interns.

Medical Grand Rounds (1:00-2:00 A.M., Thursday). Monthly lectures or paper presentations by local as well as nationally and internationally known clinicians and researchers. Some of these lectures qualify for psychology CE for licensed staff.

Psychiatric Grand Rounds (1:00-2:30 P.M., Thursday). Monthly lectures or paper presentations by local as well as nationally and internationally known clinicians and researchers. These lectures qualify for psychology CE for licensed staff.

Neurobehavioral Rounds (1:00-4:00, Alternating Wednesdays). Clinical case consultations by a neurobehavioral fellow supervised by the chief of neurology at McLean Hospital, Harvard Medical School.

Neuropsychology Rounds (1:00-2:30, Alternating Tuesdays). Neuropsychological clinical case presentation with Dr. Paul Spiers, neuropsychologist at Massachusetts Institute of Technology and Boston University Medical Center.

Patient at Risk Committee (Ad Hoc on each unit). Clinical case conference of difficult patient care issues chaired by senior clinical or administrator.

Diversity Awareness Training (Monthly, Days and Time TBA). Day-long diversity training for all hospital employees.

RESEARCH OPPORTUNITIES

There are opportunities for interns to develop and conduct research projects according to their particular interests.

GENERAL INFORMATION

HOSPITAL PROGRAMS AND FACILITIES

Various programs and facilities are available to Interns:

- Coffee Shop in the Rehabilitation Center complex operated by patients and rehab staff.
- Cafeteria and Canteen on the basement floor of the Saunders Medical Building.
- Staff medical library.

VACATIONS AND SICK TIME

Each Intern may utilize a total of 10 approved, unpaid vacation days per year and one unpaid sick day each month. Holidays on the Hospital Staff Calendar must be observed on an unpaid basis by each Intern, unless otherwise authorized by the Director of Psychology Training.

CONTINUING EDUCATION

The Tewksbury Hospital, Department of Psychiatry, Psychology Service, is approved by the American Psychological Association to offer continuing education for psychologists.

LOCATION

Tewksbury Hospital is 19 miles north of Boston, convenient to Routes 3, 93 and 495.

For application please see APPIC website.

APPLICATION DEADLINE

November 16, 2009

For further information, please contact the Director of Psychology Training:

Mithlesh Garg, Ph.D.
Tewksbury Hospital
365 East Street
Tewksbury, MA 01876

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Telephone: 978-851-7321, ext. 2717
FAX: 978-858-3795

E-mail: Mithlesh.Garg@MassMail.State.MA.US

**PSYCHOLOGY TRAINING STAFF
TEWKSBURY HOSPITAL
Departments of Public and Mental Health
PSYCHOLOGY SERVICES**

TRAINING FACULTY & SUPERVISORS

Mithlesh Garg, Ph.D.*

Institute of Psychiatry, London University
England, Clinical Psychology, 1966

Christopher L. Huvos, Psy.D.*

Massachusetts School of Professional
Clinical Psychology, 1983

FUNCTIONAL TITLE & SPECIALTIES

Director of Psychology Training
Supervising Psychologist

Interests: Health psychology, clinical
neuropsychology and assessment, neuropsychological
rehabilitation, evaluation and treatment of sex
offenders, pain and stress, AIDS, substance
abuse, dementia, chronic illness

Research: Neuropsychological aspects of
chronic mental and physical diseases

Orientation: Psychodynamic, Cognitive-Behavioral.

Designated Forensic Psychologist

Consultant in Forensic Psychology, Hathorne Mental Health Units

Director of Psychology Continuing Education
Supervising Psychologist

Director of Psychotherapy Training

Interests: Chronic mental illness, immigration, professional training
of psychologists, supervision, ethics, phenomenology

Orientation: Psychodynamic, existential.

Designated Forensic Psychologist

*Clinical Instructor in Psychology, Department of Psychiatry,
Harvard Medical School, Cambridge Hospital*

Bette L. Ippolito, Ph.D.*

Boston College, Graduate School of Arts and Sciences,
Developmental and Educational Psychology, 1985

Supervising Psychologist

Interests: Health psychology, pain, trauma, palliative care,
developmental issues, individual and group therapy,
benefits of humor therapy

Orientation: Humanistic/Existential

Edith Kaplan, Ph.D., ABPP/CN*

Clark University, Psychology, 1968

Supervising Neuropsychologist

Diplomate in Clinical Neuropsychology

Consulting Neuropsychologist

Interests: Neuropsychological test development,
neuropsychological assessment, aphasia, memory,
visuoperception, aging. Professor of Psychology, Suffolk University;
Adjunct Professor of Neurology and Psychiatry (Neuropsychology
and Psychology), Boston University School of Medicine

Research: Alzheimer's disease, vascular dementia, executive
functioning, clock drawing, memory, aphasia

Orientation: Process-oriented approach to research and
assessment

Thomas Martin, Ph.D., M.B.A.*

Temple University, Counseling Psychology,
1976; Dartmouth, 1970

Supervising Psychologist

Certified Addictions Specialist

Interests: Psychological and
neuropsychological assessment, Individual,
Group, and Family therapy, Cognitive-Behavioral Therapy,
Management Theory and Organizational Psychology

Orientation: Eclectic

Steven Nisenbaum, Ph.D., J.D.*

Clark University, Clinical Psychology, 1983;
Harvard Law School, 1974

Supervising Psychologist

Interests: Psychodynamic

psychotherapy, brief and time-limited psychotherapy, rehabilitation
psychology, assessment of violence, psychological testing,
Neuropsychology, substance abuse

Research: Emotion theory, stalking, violence, assessment

Orientation: Psychodynamic.

Designated Forensic Psychologist

Allied Medical Staff, Beverly Hospital, AtlantiCare Hospital;

Instructor, Harvard Medical School, Department of Psychiatry;

Clinical Associate in Psychology (Psychiatry), Massachusetts

General Hospital, Dept. of Psychiatry

Harvey Pinsky, Ph.D.*

Boston University, Clinical Psychology, 1975

Supervising Psychologist

Interests: Individual psychotherapy,

family counseling, couple counseling, substance abuse, ADHD,
stress and health

Orientation: Cognitive-Behavioral, Family Systems

Elina Wayrynen, Ph.D.*

California School of Professional Psychology,
Berkeley-Alameda, Clinical Psychology, 1995

Coordinator of Forensic Services
Supervising Psychologist

Interests: Forensic Psychology,
violence risk assessment,
malingering, equine facilitated mental health

Orientation: Cognitive-Behavioral.
Designated Forensic Psychologist

Karen S. Zimmerman, Psy.D.*

Antioch University New England,
Clinical Psychology, 2007

Supervising Psychologist

Interests: Health psychology,
rehabilitation psychology, arts and
healing, pain management

Orientation: Interpersonal, Integrative,
Cognitive-Behavioral

* Massachusetts Licensed Psychologist-Health Service Provider